

# HEADS UP ON EMOTIONAL HEALTH

A workshop looking at issues that may be affecting children in YOUR classroom

Would you know what to do if a child in your class had depression? Or anxiety issues?

Would you know how to react if a child was self harming?

Could you spot the signs of an eating disorder? Or stress disorder?

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You are not alone if you answer 'NO!' to any of these questions. We are pleased to be working with MindBLMK to present a workshop style training session to raise awareness of childrens' mental health and how to deal with issues that can affect anyone.

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The session is on Wednesday 14 June 2017 at Challney High School for Boys from 16.15 - 18.15

Cost is £100 per table (up to 5 delegates)

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Places can be booked by contacting Angie Woodcraft  
angiewoodcraft@ctg.ac.uk / 01582 599921