



HEADTEACHER WELL-BEING AND RESILIENCE PROGRAMME

Skills Development

Course designed to support development of advanced communication and coaching skills, whilst enabling Heads to get to the bottom of real issues.

Effective Leadership

An opportunity to consider aspects of leadership that involve personal effectiveness, well-being and resilience.

Well-Being

Our programme, enhanced to incorporate recent research, has been running successfully for two years in Luton and longer elsewhere.

Support

The programme gives Headteachers an opportunity to meet regularly over the course of the year with a like-minded group interested in support & peer coaching.

There is increasing interest in, and concern about the issue of sustainability and resilience in leadership. There is also growing focus on the need for leaders to attend to their own and others' well-being. How do leaders keep going? How can we support ourselves?

IMPORTANT DATES

- Tuesday 11 December 2018 (12.30 - 16.00)
- Wednesday 6 February 2019 (12.30 - 16.00)
- Wednesday 3 April 2019 (12.30 - 16.00)
- Wednesday 8 May 2019 (12.30 - 16.00)
- Wednesday 26 June 2019 (12.30 - 16.00)
- TBA


WHO SHOULD APPLY?

Headteachers, including Acting Heads; Executive Heads; Principals; Heads of Multi-Academy Trusts; Heads of Children's Centres; Pre-Schools and Nurseries etc.


BOOK YOUR SPACE

This programme will cost **£500** and all course materials will be provided.

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VENUE

 Chiltern Teaching School Alliance, Challney High School for Boys, Stonegate Road, Luton, LU4 9TJ