

Unlock Your TRUE Potential



Well-being, mindfulness and more!

Be more positive, productive, happier and healthier .

STOP the constant negative dialogue running round your head.

Get simple tips, tools, techniques and strategies that you can apply to help you succeed in many different areas of life.

All businesses could benefit from harnessing the points above.

Pete Cohen, author, coach and presenter, delivers a keynote morning for Chiltern Teaching School Alliance, but that any professional body in Luton is welcome to access, on how to be inspired and motivated and to have greater success in many different areas of your life.

FRIDAY 28 APRIL 2017

09.30 - 12.30

COST: £100 PER DELEGATE

CHALLNEY HIGH SCHOOL FOR BOYS

STONEYGATE ROAD

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